

Senior High Track & Field School Records 2023

For the result to count as a school record, the event needs to be officially timed (league/zone/provincial meet).

Senior High - Junior Girls

Event	Name	Year	Result
100 Meters	Jocelyn Leffers	2015	13.02
200 Meters	Jocelyn Leffers	2015	27.43
400 Meters	Shauna DeHaas*	1991	1:01.30
800 Meters	Shauna DeHaas*	1991	2:29.70
1500 Meters	Shauna DeHaas*	1990	5:21
3000 Meters			
80 Meter Hurdles	April Kippers	2022	12.88
4x100 Meter Relay	Hope ten Brinke Laurissa VanderVeen Karlee Dykhuizen Jocelyn Leffers	2015	53.79
High Jump	Brooke ten Brinke	2016	1.50
Long Jump	Cindy Pothoven*	2006	4.63
Triple Jump	Lisa Muis*	2006	9.66
Discus (1kg)	Anna Marcus	2016	24.12
Shot Put (3kg)	Rebekah De Bruin	2016	9.73
Javelin (500g)	Hannah Doorten	2017	21.24
Pole Vault	April Kippers	2022	2.35

Senior High - Intermediate Girls

Event	Name	Year	Result
100 Meters	April Kippers	2023	13.49
200 Meters	Jocelyn Leffers	2016	28.28
400 Meters	Alyssa Marcus	2013	1:06.45
800 Meters	Jenna de Haan	2022	2:37.54
1500 Meters	Alyssa Marcus	2013	5:37.20
3000 Meters	Kailyn Leffers	2015	14:38.20
80 Meter Hurdles	April Kippers *	2023	12.57
4x100 Meter Relay	Hope ten Brinke Laurissa VanderVeen Karlee Dykhuizen Jocelyn Leffers	2016	53.40
High Jump	Brooke ten Brinke	2018	1.50
Long Jump	April Kippers	2023	4.67
Triple Jump	Leila Dehaas	2022	9.57
Discus (1kg)	Karlee Dykhuizen	2016	26.82
Shot Put (3kg)	Rebekah De Bruin	2017	10.42
Javelin (500g)	Deandra Dewitt	2023	27.99
Pole Vault	April Kippers	2023	3.10

Senior High - Senior Girls

Event	Name	Year	Result
100 Meters	Jocelyn Leffers	2017	13.52
200 Meters			
400 Meters	Alyssa Marcus	2015	1:07.07
800 Meters	Jocelyn Leffers	2017	2:42.33
1500 Meters	Alyssa Marcus	2014	5:21.91
3000 Meters	Alyssa Marcus	2014	11:49.68
80 Meter Hurdles			
4x100 Meter Relay	Hope ten Brinke Laurissa VanderVeen Karlee Dykhuizen Jocelyn Leffers	2017	54.38
High Jump	Kailyn Leffers Hope ten Brinke	2016 2017	1.45
Long Jump	Kailyn Leffers	2016	4.52
Triple Jump	Laurissa VanderVeen	2017	9.31
Discus (1kg)	Anna Marcus	2018	29.97
Shot Put (4kg)	Lucy Kippers	2022	10.27
Javelin (600g)	Lucy Kippers	2022	26.67
Pole Vault	Kailyn Leffers*	2016	2.30

Senior High – Open Girls

Event	Name	Year	Result
300 Meter Hurdles			
100 Meter Pentathlon	Jenna de Haan	2022	13.50
800 Meter Pentathlon	Jenna de Haan	2022	2:36.83
High Jump Pentathlon	Kailyn Leffers Jenna de Haan	2016 2022	1.45
Long Jump Pentathlon	Jenna de Haan	2022	4.66
Shot Put Pentathlon	Jenna de Haan	2022	9.02
Pentathlon Points	Jenna de Haan*	2022	2764
4x400 Meter Relay	Anna Marcus Rebecca Marcus Laurissa VanderVeen Karlee Dykhuizen	2016	4:37.68

* Zone Champion

** Provincial Champion

(note: PICS competed in the North Central Zone until 2012 and now competes in the Edmonton Zone)

Senior High - Open Mixed

Event	Name	Year	Result
4x400 Meter Mixed Relay	Deandra Dewitt Jenna de Haan Tyson Versteeg Shawn Gunnink	2023	3:59.30

Senior High - Junior Boys

Event	Name	Year	Result
100 Meters	Nolan Van Beek	2016	12.89
200 Meters	Emerson Leffers	2019	26.24
400 Meters	Levi Kalkman	2016	52.60
800 Meters	Daniel Guesebroek	2023	2:18.10
1500 Meters	Daniel Guesebroek	2023	4:32.96
3000 Meters	Daniel Guesebroek	2023	9:41.92
100 Meter Hurdles	Tristan Van Assen	2017	17.10
4x100 Meter Relay			
High Jump	Nolan Van Beek	2016	1.70
Long Jump	Sean Ferguson	2012	5.13
Triple Jump	Levi Kalkman	2015	10.40
Discus (1.5kg)	Luke Jagersma	2018	28.79
Shot Put (5kg)	Emerson Leffers	2019	12.58
Javelin (700g)	Jarren Leffers	2023	35.49
Pole Vault	Levi Kalkman	2016	2.40

Senior High - Intermediate Boys

Event	Name	Year	Result
100 Meters	Braiden Van Laar	2022	12.15
200 Meters	Levi Kalkman	2017	24.08
400 Meters	Levi Kalkman	2017	52.42
800 Meters	Aidan Antoniuk*	2012	2:13.08
1500 Meters	Tyson Versteeg**	2022	4:17.70
3000 Meters	Tyson Versteeg**	2022	9:27.16
100 Meter Hurdles	Tristan Van Assen	2018	17.27
4x100 Meter Relay			
High Jump	Nolan Van Beek	2017	1.65
Long Jump	Aidan Antoniuk Nolan Van Beek	2012 2017	5.34
Triple Jump	Brock Stikma	2022	11.70
Discus (1.5kg)	Luke Jagersma	2019	34.60
Shot Put (5kg)	Jared Bos	2014	10.43
Javelin (700g)	Kent Ferguson	2016	37.43
Pole Vault	Levi Kalkman	2017	3.00*

Senior High - Senior Boys

Event	Name	Year	Result
100 Meters			
200 Meters			
400 Meters	Brayden Bredenhof	2017	58.20
800 Meters	Tyson Versteeg**	2023	1:56.28
1500 Meters	Tyson Versteeg**	2023	4:02.97
3000 Meters	Tyson Versteeg**	2023	8:48.96
100 Meter Hurdles	Tristan Van Assen	2019	17.78
4x100 Meter Relay			
High Jump	Kyle Stikma Alex Veldkamp	2022 2022	1.70
Long Jump	Sean Ferguson	2014	5.30
Triple Jump			
Discus (1.75kg)	Alex Veldkamp*	2022	31.85
Shot Put (6kg)	Alex Veldkamp	2022	11.44
Javelin (800g)	Hudson ten Brinke	2022	40.40
Pole Vault	Kyle Stikma	2022	2.70

Senior High – Open Boys

Event	Name	Year	Result
300 Meter Hurdles	Tristan Van Assen	2018	46.28
100 Meter Pentathlon	Nolan Van Beek Brock Stikma	2017 2022	12.87
800 Meter Pentathlon	Brock Stikma	2022	2:21.76
High Jump Pentathlon	Nolan Van Beek	2016	1.70
Long Jump Pentathlon	Nolan Van Beek	2017	5.34
Shot Put Pentathlon	Nolan Van Beek	2017	9.71
Pentathlon Points	Nolan Van Beek	2016	2421
4x400 Meter Relay	Noah Veldkamp Jake Kuntz Brayden Bredenhof Levi Kalkman	2016	3:55.69

* Zone Champion

** Provincial Champion

(note: PICS competed in the North Central Zone until 2012 and now competes in the Edmonton Zone)

Total team points at Zones: 85.5 (2022)* 71 (2023)*

Total team points at Provincial Championships: 142 (2022) 124 (2023)****